

Office of Human Resources/Benefits & Leaves  
Initial and Extension Family Medical Leave Act Request Form

Name (please print): \_\_\_\_\_ Employee I.D. # or S.S. #: \_\_\_\_\_

Employee Home Address: \_\_\_\_\_

Telephone #: \_\_\_\_\_ Position Title: \_\_\_\_\_

New Request:  Extension Request:  Agency & Facility You Work For: \_\_\_\_\_

Work Location: \_\_\_\_\_ Shift: \_\_\_\_\_

TYPE OF LEAVE:     Continuous FMLA     Intermittent FMLA

Personal Illness

Illness of Spouse, Parent, Child

Birth, Adoption, Placement of Foster Child

Qualifying exigency arose because your spouse, child, son, daughter or parent is a member of the National Guard or Reserve unit that is on active duty or is called to active duty.

Serious Illness/Injury of a spouse, son, daughter, parent, next of kin of a covered service member

My leave is to start on (date): \_\_\_\_\_ I will return to work on (date): \_\_\_\_\_

If my leave is intermittent, I will work with my supervisor to try to develop a leave schedule that is the least disruptive to the daily operations of the unit.

Please indicate below whether or not you would like to use your accrued leave balances:

I would not like to use my leave time. I understand that I will not be paid and that I will be billed for my health insurance.

I would like to use my leave balances. I understand that I will be paid.

I would like to use both my accrued leave balances and unpaid leave time.

Start paid leave on (date): \_\_\_\_\_

End paid leave on (date): \_\_\_\_\_

Start unpaid leave on (date): \_\_\_\_\_

End unpaid leave on (date): \_\_\_\_\_

If you indicated that you would like to use your leave balances, please indicate the order that you wish to use your accrued time by numbering the spaces below (one being the first, three being the last). If you are going to be out on a medical leave and you wish to be paid for all or a portion of your leave, we will first exhaust your sick time according to the Red Book or the appropriate Collective Bargaining Agreement. Then we will substitute other time in the priority order that you have requested below.

Personal Leave: \_\_\_\_\_ Vacation Leave: \_\_\_\_\_ Compensatory Time: \_\_\_\_\_ Other: \_\_\_\_\_

*\*\*If a portion of the leave is unpaid, you will be billed by your insurance carrier at home. Contact your Benefits and Leave Representative to ensure that your GIC benefits are not interrupted.\*\**

I understand that before my request for medical leave can be approved, I must provide medical information from my health care provider. I am to use the attached form to obtain the appropriate medication documentation.

Medical documentation attached     Medical documentation will be submitted within 15 days

I have notified my Director/Manager/Supervisor of my leave request

Director/Manager/Supervisor's Name & Telephone #: \_\_\_\_\_

Employee's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Note: This form must be submitted at least 30 day in advance or as soon as practicable before taking your leave.

Certification of Health Care Provider for  
Employee's Serious Health Condition  
(Family and Medical Leave Act)

U.S. Department of Labor  
Employment Standards Administration  
Wage and Hour Division



OMB Control Number: 1215-0181  
Expires: 12/31/2011

**SECTION I: For Completion by the EMPLOYER**

**INSTRUCTIONS to the EMPLOYER:** The Family and Medical Leave Act (FMLA) provides that an employer may require an employee seeking FMLA protections because of a need for leave due to a serious health condition to submit a medical certification issued by the employee's health care provider. Please complete Section I before giving this form to your employee. Your response is voluntary. While you are not required to use this form, you may not ask the employee to provide more information than allowed under the FMLA regulations, 29 C.F.R. §§ 825.306-825.308. Employers must generally maintain records and documents relating to medical certifications, recertifications, or medical histories of employees created for FMLA purposes as confidential medical records in separate files/records from the usual personnel files and in accordance with 29 C.F.R. § 1630.14(c)(1), if the Americans with Disabilities Act applies.

Employer name and contact: DPH/MHS 305 South ST Jamaica Plain MA 02130 617-983-6218 Fax 617-983-6256

Employee's job title: \_\_\_\_\_ Regular work schedule: \_\_\_\_\_

Employee's essential job functions: \_\_\_\_\_

Check if job description is attached: \_\_\_\_\_

**SECTION II: For Completion by the EMPLOYEE**

**INSTRUCTIONS to the EMPLOYEE:** Please complete Section II before giving this form to your medical provider. The FMLA permits an employer to require that you submit a timely, complete, and sufficient medical certification to support a request for FMLA leave due to your own serious health condition. If requested by your employer, your response is required to obtain or retain the benefit of FMLA protections. 29 U.S.C. §§ 2613, 2614(c)(3). Failure to provide a complete and sufficient medical certification may result in a denial of your FMLA request. 20 C.F.R. § 825.313. Your employer must give you at least 15 calendar days to return this form. 29 C.F.R. § 825.305(b).

Your name: \_\_\_\_\_ First \_\_\_\_\_ Middle \_\_\_\_\_ Last \_\_\_\_\_

**SECTION III: For Completion by the HEALTH CARE PROVIDER**

**INSTRUCTIONS to the HEALTH CARE PROVIDER:** Your patient has requested leave under the FMLA. Answer, fully and completely, all applicable parts. Several questions seek a response as to the frequency or duration of a condition, treatment, etc. Your answer should be your best estimate based upon your medical knowledge, experience, and examination of the patient. Be as specific as you can; terms such as "lifetime," "unknown," or "indeterminate" may not be sufficient to determine FMLA coverage. Limit your responses to the condition for which the employee is seeking leave. Please be sure to sign the form on the last page.

Provider's name and business address: \_\_\_\_\_

Type of practice / Medical specialty: \_\_\_\_\_

Telephone: (\_\_\_\_\_) \_\_\_\_\_ Fax: (\_\_\_\_\_) \_\_\_\_\_

CONTINUED ON NEXT PAGE

Form WH-380-E Revised January 2009

**PART A: MEDICAL FACTS**

1. Approximate date condition commenced: \_\_\_\_\_

Probable duration of condition: \_\_\_\_\_

**Mark below as applicable:**

Was the patient admitted for an overnight stay in a hospital, hospice, or residential medical care facility?

 No     Yes. If so, dates of admission: \_\_\_\_\_

Date(s) you treated the patient for condition: \_\_\_\_\_

Will the patient need to have treatment visits at least twice per year due to the condition?  No     Yes.Was medication, other than over-the-counter medication, prescribed?  No     Yes.

Was the patient referred to other health care provider(s) for evaluation or treatment (e.g., physical therapist)?

 No     Yes. If so, state the nature of such treatments and expected duration of treatment: \_\_\_\_\_2. Is the medical condition pregnancy?  No     Yes. If so, expected delivery date: \_\_\_\_\_

3. Use the information provided by the employer in Section I to answer this question. If the employer fails to provide a list of the employee's essential functions or a job description, answer these questions based upon the employee's own description of his/her job functions.

Is the employee unable to perform any of his/her job functions due to the condition?  No     Yes.

If so, identify the job functions the employee is unable to perform: \_\_\_\_\_

4. Describe other relevant medical facts, if any, related to the condition for which the employee seeks leave (such medical facts may include symptoms, diagnosis, or any regimen of continuing treatment such as the use of specialized equipment):  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**PART B: AMOUNT OF LEAVE NEEDED**

5. Will the employee be incapacitated for a single continuous period of time due to his/her medical condition, including any time for treatment and recovery?   No   Yes.

If so, estimate the beginning and ending dates for the period of incapacity: \_\_\_\_\_

6. Will the employee need to attend follow-up treatment appointments or work part-time or on a reduced schedule because of the employee's medical condition?   No   Yes.

If so, are the treatments or the reduced number of hours of work medically necessary?  
  No   Yes.

Estimate treatment schedule, if any, including the dates of any scheduled appointments and the time required for each appointment, including any recovery period:  
\_\_\_\_\_

Estimate the part-time or reduced work schedule the employee needs, if any:

\_\_\_\_\_ hour(s) per day; \_\_\_\_\_ days per week from \_\_\_\_\_ through \_\_\_\_\_

7. Will the condition cause episodic flare-ups periodically preventing the employee from performing his/her job functions?   No   Yes.

Is it medically necessary for the employee to be absent from work during the flare-ups?  
  No   Yes. If so, explain:  
\_\_\_\_\_  
\_\_\_\_\_

Based upon the patient's medical history and your knowledge of the medical condition, estimate the frequency of flare-ups and the duration of related incapacity that the patient may have over the next 6 months (e.g., 1 episode every 3 months lasting 1-2 days):

Frequency: \_\_\_\_\_ times per \_\_\_\_\_ week(s) \_\_\_\_\_ month(s)

Duration: \_\_\_\_\_ hours or \_\_\_\_\_ day(s) per episode

**ADDITIONAL INFORMATION: IDENTIFY QUESTION NUMBER WITH YOUR ADDITIONAL ANSWER.**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Signature of Health Care Provider**

Date

PAPERWORK REDUCTION ACT NOTICE AND PUBLIC BURDEN STATEMENT

**PAPERWORK REDUCTION ACT NOTICE AND PUBLIC BURDEN STATEMENT**  
If submitted, it is mandatory for employers to retain a copy of this disclosure in their records for three years. 29 U.S.C. § 2616; 29 C.F.R. § 825.500. Persons are not required to respond to this collection of information unless it displays a currently valid OMB control number. The Department of Labor estimates that it will take an average of 20 minutes for respondents to complete this collection of information, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. If you have any comments regarding this burden estimate or any other aspect of this collection information, including suggestions for reducing this burden, send them to the Administrator, Wage and Hour Division, U.S. Department of Labor, Room S-3502, 200 Constitution Ave., NW, Washington, DC 20210. **DO NOT SEND COMPLETED FORM TO THE DEPARTMENT OF LABOR; RETURN TO THE PATIENT.**